

health, good conduct, ordinary Swedish school education, or knowledge corresponding thereto; and the age fixed is from 21 to 35 years, though, from the two last rules, exceptions may be made.

The time necessary for the training is 12 months, of which, as a rule, six are as a pupil, and six as assistant nurse appointed at the hospital. The theoretical course is gone through during the first half-year of the training time, and is imparted by physicians. Instruction is imparted in chemistry, ovatomy, physiology, nosography, nursing, as also hygiene and surgery. Simultaneously, the nurse does practical duty, the first month she is on trial. The training year is equally divided between the surgical and medical wards of the hospital; the nurse also doing duty at the gynæcological and isolation sections, as also at the policlinique, and in the surgery. Fifty-two pupils are annually trained here, but there is no organization afterwards.

4.—Certain hospitals in the country of late years have received pupils for training as nurses, and in many places afford them both theoretical and practical instruction. For the expenses thereby entailed, several provincial assemblies have given grants, as the real intention of training these nurses is that they may prove useful in the respective provinces or loens.

5.—The Training Institute for Nurses of the Sophia Home was founded in 1884 by Her Majesty the Queen of Sweden and Norway, and dating from 1889, the Institute has both its own Nursing Home and also a Home for Nurses and Pupils. The object of the Sophia Home is "chiefly from among the educated classes, to train clever and capable nurses, and thus supply both public and private demands as regards the care of the sick"; as also to be a haven for them when, from some cause or other, they are not on duty.

So as to become a pupil it is necessary:—

(a) To feel a serious desire, founded on true piety, for the calling of nurse.

(b) To be of the Protestant faith.

(c) To enjoy good health, and satisfactory bodily strength.

(d) To be unmarried, or a childless widow.

(e) To have enjoyed satisfactory educational advantages.

(f) To be of age (21), but not more than 35 when entering as a pupil.

The applicant on being granted admission must be on trial for from four to eight weeks. She then is entered as a pupil for the following course, which commences each year on February 1st, and lasts 18 months. During the first twelve-month, side by side with the practical training, the entire theoretical instruction is imparted. This is founded on a manual written by specialists

in 1898 by command of the Queen, and containing five parts: Anatomy and Physiology, Surgery, Medicine, Hygiene, and Nursing of the Sick. At the close of the course, a final examination is held in all these subjects, and each pupil receives a graduated mark concerning her theoretical knowledge, which is afterwards entered in the certificate she receives on leaving the Nurses' Institute.

The pupils receive practical training during the first six months in the different sick rooms and wards of the Institute. They are then considered capable of proceeding to the large metropolitan hospitals, where each one has, in turn, to do duty both in the surgical, medical, and gynæcological wards, some also at the Foundling and Lying-in Hospitals, and in the ophthalmic department. In the operation-room of the Sophia Home, each pupil is on duty for one month. Everywhere the pupil is under the guidance and supervision of ward-nurses trained at the Sophia Home.

At the close of the 18 months the pupil is either accepted as a probationer or is rejected as not suitable for the calling. The probationer for a space of six months completes her professional training by more independent work in tending the sick, as night-nursing, doing duty for others, and easy private nursing. Great stress is here laid on each individual *forte*, whether for hospital duty, private nursing, or operations. At the close of these six months the probationer is examined, and, if she passes, is accepted as a nurse at the Sophia Home. Hitherto, 179 nurses have been trained at the Institute. The Sophia Home at present has 90 nurses and 38 pupils.

An accepted nurse must submit to do duty at that public institution or private home, wheresoever the Home may choose to send her. One month's holiday is allowed her annually. The nurse must yearly make payments to the Savings Fund of the Home, which is formed in order to provide pensions for nurses.

Annually about 18 nurses pass through this training institute, and, when leaving the Sophia Home, each nurse receives a final certificate according to a certain formula.

The nurses of the Sophia Home wear a special dress, which is also borne during their holidays. Their badge is a special silver brooch, which is presented to them by Her Majesty the Queen when they are admitted as nurses.

From the preceding we see that in Sweden about 110 trained nurses annually take their final examinations. In 1897 there were in the entire country 768 nurses.

At hospitals, infirmaries, etc.	...	...	333
At asylums, workhouses, and other institutions of the towns	...	...	118

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